

Longstanton Life

Volume 20, Issue No. 2

April - May 2020

Life in Your Locality



Daffodils. Photo by Anna Rudd

The information in The Longstanton Life is provided in good faith and we have tried to ensure that it is accurate and correct. However, neither the editorial team nor the contributors can be held responsible for any inaccuracies or omissions or any consequential losses of any form whatsoever arising therefrom. The editorial team for this edition were: Anna Rudd, Tony Cowley, Marjeet Bolla, Beth Baker, Tracy Cole, Georgie Edwards and John Pratt .

VILLAGE DIARY

DUE TO CORONAVIRUS PLEASE CHECK WITH THE ORGANISER FIRST

SUNDAY	0930-1030	Sunday School	Village Institute*	Susan Meah	01954 781258
	1100	Tennis Club Sessions	The Pavilion	Sarah Ballard	07985 938959
MONDAY	1100-1200	Zumba Gold	Village Institute*	Davina Mee	07779 244250
	1800-2000	Bowls Club	The Pavilion	Marion Edwards	01954 780118
	1930-2030	Jazzercise	Hatton Park School	Tina Chasse	01487 841811
	2nd of month	1930	Parish Council	Village Institute*	(Open meeting)
3rd of month	1945	W.I.	Village Institute*	Patrizia Peters	01954 781283
TUESDAY	1000-1200	Coffee morning (over 55's)	The Dale Comm. Hall	Please just turn up	
	1030-1115	Mini JAFFAs (pre-schoolers)	All Saints' Church	Susan Meah	01954 781258
	1700-2000	Tennis - Junior and adult coaching	The Pavilion		coaching@longstantontennis.co.uk
	1830-2000	Adult Cricket training (May-August)	Recreation Ground	Wayne Markillie	07737 313225
	1900-1945	SRF Bootcamp	Recreation Ground	Shane Rackham	07912 555301
	1900-2100	Cambridge Freestyle Martial Arts	Village Institute*	Rory / Martin	07523 854251 / 07535 646234
	1900-2130	ATC (Air Training Corps)	Cadet Centre		
	WEDNESDAY	1000-1100	Music Madness (0-5yrs)	Village Institute*	Sharon Sennitt
1800		Tennis Club Night	The Pavilion	Sarah Ballard	07985 938959
1910-2130		Army Cadet Force (12-18yrs)	Cadet Centre	Sgt. Rudderham	07759 056154
1900-2100		Bell ringers practice	All Saints' Church	Mike Cartwright	01954 781275
1930-2030		Jazzercise	Hatton Park School	Tina Chasse	01487 841811
THURSDAY	0630-0715	BodyMod Bootcamp	Recreation Ground	Danny Williams	07946 286068
	1000-1130	Rainbow Club (bump-1yr)	Village Institute*	Susan Meah	01954 781258
	1700-2000	Junior coaching and team play	The Pavilion		coaching@longstantontennis.co.uk
	1900-1945	SRF Bootcamp	Recreation Ground	Shane Rackham	07912 555301
	1900	Football training	Recreation Ground	Luke McAvoy	07795 321494
	1900-2000	Ballroom Dancers, beginners	Hatton Park School	Mike Cartwright	01954 781275
	2000-2100	Ballroom Dancer, advanced	Hatton Park School	Mike Cartwright	01954 781275
	FRIDAY	0930-1100	Little Leprechauns playgroup (0-4yrs)	Village Institute*	Jane Hordern
1400-1600		Afternoon tea (over 55s)	The Dale Comm. Hall	Please just turn up	
1800		Tennis Club Night	The Pavilion	Sarah Ballard	07985 938959
1900-2130		ATC (Air Training Corps)	Cadet Centre		01954 781180
SATURDAY	1800-2000	Junior Cricket training	Recreation Ground	Janet Hill	01954 261009
	0915-1000	SRF Bootcamp	Recreation Ground	Shane Rackham	07912 555301
	1000-1100	Longstanton Colts Football Club (6-12yrs)	Recreation Ground	Louise Gamon	07429 317803

* It should be noted that the Village Institute is available for hiring for a variety of functions; provisional bookings can be made via www.longstanton-pc.gov.uk/Longstanton_Village_Institute_Hall_23070.aspx. Email: villageinstitute@gmail.com or telephone **01954 782323**. The Pavilion also offers private party function facilities, discuss your requirements for any family & friends gatherings - e.g. weddings, birthdays, funerals, with **Michael Binks** on **01954 782233** or email longstantonpav@btinternet.com

Memory Lane, Who, What, Where, When and Why?

Answers to Memory Lane Feb/ March 2020



Photo LDHS via H. Stroude

A fitting image for the 75th Anniversary of VE day, but WWWW & W?

What: A row of three thatched cottages the end of which was the PO before it's move to the High Street.

Who: During the 1930's run by Miss Rignell.

Where: On Mill Lane at the junction of Woodside and St Michaels.

When: c1930

Thanks must go to both Den Harradine and Jane Brooks for responding to the challenge posed by the above photograph. Den confirmed the above. Jane also e-mailed the correct answer.



LDHS via H.

LONGSTANTON LIFE EDITORIAL

Dear Readers,

We are in coronavirus lockdown. Eerie empty streets, very little traffic noise, many shops and businesses shut, usually busy community spaces without people - all soaked in beautiful sunshine. There are so many things we would rather do in weather like this than stay at home, but let's look after ourselves, our families and others by staying at home and following the government's advice. People's lives are at stake and we have to take it seriously. There is a full page article on the subject in this issue, please read it.

Due to the COVID-19 situation, all village events in the next couple of months are subject to being cancelled so please check with the organisers nearer the time whether or not they will go ahead. You will also notice that our village sports clubs are unable to meet at present so we do not have their usual reports in this issue. We look forward to this all being over, but for now let's stay at home, spring clean our houses and make our gardens competition-worthy. Write to us, we are always happy to receive letters, photos and suggestions from our readers.

If you need any help during the coronavirus outbreak, please see the back page of this issue to find out about the Emergency Operational Plan which Longstanton Parish Council have put together to assist our vulnerable residents.

We wish you a peaceful and healthy Easter, safe at home.

The Editorial Team

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- Twitter account: @LongstantonLife

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Please note that the **copy deadline** for the June -July 2020 edition of Longstanton Life is:
Thursday, 14th May 2020
 Contributions for the next issue: by email to longstantonlife@hotmail.com or drop off at the Village Institute

Longstanton Life Advertising Rates 2020

If you are interested in advertising in our magazine, please contact **John** on **01954 780527** or email longstantonlife@hotmail.com with 'advertising' in the subject line. New advertisements and advert changes are reviewed twice yearly:

Adverts Start Date	Adverts Accepted Until
February/March Edition	1st December
August/September Edition	1st June

Colour Adverts B/W plus 20%

Ad Size	1 Edition	3 Editions (6 months)	6 Editions (1 year)	3 Editions Spot Ads	6 Editions Spot Ads
1/4	N/A	£116/140	£232/280	£150/180	£300/360
1/8	N/A	£58/70	£116/140	£75/90	£150/180
Line	N/A	£12	£24		

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COMMUNITY CONCERNS

MP for South Cambs

Anthony Browne



Following the Spring Budget, I'm delighted that to say that our constituency will benefit from a host of new initiatives and spending boost, not least of which is the confirmed funding for

Cambridge South rail station. I have been campaigning hard for this project, making the case to the Treasury, Number 10 and the Department for Transport, so I'm delighted to see this reflected in the announcement.

The 2020 Budget also confirmed funding for a number of road-building projects, including announcing improvements to the **A10 north of Cambridge to Ely**, and confirming funding for the dueling of the **A428 from Caxton Gibbet to St Neots**. With congestion increasing and the continued need for more effective public transport services, we have been crying out such measures. The future of our region's infrastructure remains bright.

My postbag has been inundated with messages from constituents who were outraged at the actions of **Extinction Rebellion in Cambridge** and the police response. In my view, the police did not use the powers available to them to prevent blatant criminal acts taking place. I have therefore written to the Home Office and met with both the Chief Constable and the Acting Police & Crime Commissioner to seek clearer guidance for officers on the ground and reassurance for the public that the rule of law will be upheld in such circumstances.

Finally, we face the ongoing challenge of **Coronavirus**. It's clear that Covid-19 will continue to spread over the next few months. The most important task now is to protect our elderly and most vulnerable people when there is the maximum risk of exposure to the disease and when the NHS will be under the most pressure.

I want to assure all residents that both Public Health England and the NHS are well prepared, but we do need to take sensible precautions so please continue to follow their advice, including washing your hands with soap and water often. If you have coronavirus symptoms, however mild – either a new continuous cough or a high temperature – then you should stay at home for at least 7 days to protect others and help slow the spread of the disease.

If you have any concerns or issues which you wish to bring to my attention, please email me at: anthony.browne.mp@parliament.uk.

*Anthony Browne
MP for South Cambs*

County Councillor

Peter Hudson



County Council Budget

The County Council has set a balanced budget with an increase of 1.59% on Basic Council Tax. The 2% ringfenced increase for Adult Social Care is the same as every year, until the government comes up with a new funding solution.

The budget includes:

- £16 million for a new capital environmental pot to invest in the total decarbonisation of the council by 2025
- £8.5 million extra per year to children's services as part of the "best start in life" strategy.
- £800,000 per year extra into social care
- £200,000 per year extra into the LHI scheme, bringing the total spend up to £882,000 this year
- £6.336 million extra towards highways this year, plus £4 million extra in 21/22, £5 million extra in 22/23 and £6 million extra in 23/24
- £5 million fund to support delivery of community capital projects

Over £10 million has been generated per year from commercial activity and can go straight into providing services.

Relocation of the County Council headquarters, and putting County Council officers into the communities they work for, will generate over £40 million over the next few years.

Over 7000 tons of carbon reduction measures have already been delivered and further work on schemes will increase this to 16,000 tons within 2-3 years.

Smoking rates in the county are down, teenage pregnancies are down and our childhood obesity rates are among the best nationally. However, there's still more to do!

High tech investment boosts Council's bid to protect frontline services Cambridgeshire County Council continues to protect the future of its frontline services through an ambitious move into the hi-tech office accommodation market with the announcement that it has bought the Evolution Business Park in South Cambridgeshire. Members have agreed to invest £28m in the freehold of the site off Milton Road, Impington, which is currently home to a number of successful hi-tech firms including Intelligent Fingerprinting.

With an annual return on a £28m investment of 5.7%, the deal generates an annual income equivalent to what the council spends to support 22 adults with a learning disability, to fund 38 nursing home placements for older people or to fill 34,000 potholes. Evolution Business Park joins a number of previous purchases in the council's property portfolio made over the past eighteen months.

continued on next page

COMMUNITY CONCERNS

County Councillor Peter Hudson - continued

These include Brunswick House in Cambridge (purpose built student accommodation for local University students), Cromwell Leisure Park in Wisbech (comprising a cinema and three retail units), the Cheddar's Lane Tesco site off Newmarket Road in Cambridge, and the ten acre Kingsbridge Centre industrial estate in Peterborough.

Top 15 for adult social care Cambridgeshire County Council and Peterborough City Council are in the top 15 strongest performing councils in adult social care, highlighted in IMPOWER's latest productivity INDEX. It assesses levels of independence and control, so that people can live more fulfilled lives and remain in their homes and communities for longer. The highest performing councils have all been able to achieve greater than average outcomes from a less than average spend per head. This means that users of social care in their local areas are getting better outcomes at the same time as the council is making best use of public funds.

Local heritage centre moves a step closer A planning application has been submitted for a facility which will showcase heritage and archaeology at Longstanton and Northstowe. The project is a partnership between Highways England, Homes England and Cambridgeshire County Council, with support from the Longstanton & District Heritage Society. This new building could be an opportunity for people to celebrate their heritage in a way that also brings a unique facility to Longstanton and the new community at Northstowe and provides an educational resource for Cambridgeshire. The plan is not only to showcase the amazing exhibits discovered, but discuss the value of archaeology to tell the story of the crucial role played by RAF Oakington as an operational military base. The plan is for the County Council to run the building, which sits on Homes England land, with initial funding coming from the A14 Legacy Fund. I attended a meeting of the County Council's Commercial and Investment Committee and spoke very firmly and at length to ensure that the name of Longstanton is included within the facility's name. This has been agreed.

*Peter Hudson
County Councillor
Longstanton, Northstowe, Over, Oakington
and Westwick*



Longstanton Parish Council Dan delaMare-Lyon



Trees, Trees and More Trees

We have received a lot of positive feedback about the new avenue of trees on Home Farm Road and are exploring ideas to plant more. Sadly, we had to remove six trees on the village green and many have commented how sad they were to see them go. Unfortunately, they were unsafe for a public open space, being rotten and diseased.

The good news is that on 12th March, with the help of a team from Brookfield Groundcare, Cllr Brash-Hall, our Parish Clerk Libby White and I planted the first replacements. The two trees are ornamental rather than fruit, and were kindly gifted to the village by South Cambs District Council (SCDC) as part of a tree-planting initiative. We hope to add more later.



Coronavirus Planning

We all need to take necessary precautions to protect ourselves and prevent the spread of the virus. But please keep an eye on neighbours you know who might be elderly, less mobile, or in need a bit of support— for example with prescription collection or grocery-shopping - to avoid them being potentially exposed to higher risk. We will be running a coordinated help-and-helper system via the Parish Office, with Libby our Parish Clerk co-ordinating offers of help and requests for help. If you can help, please call the parish office on 01954 782323 or email clerk@longstanton-pc.gov.uk.

Water Levels in the Village

We were joined by the new CEO of SCDC at the March Parish Council meeting. Liz Watts confirmed the commitment to a full and impartial investigation by specialists to determine whether the works to build Northstowe have caused the massive drop in water levels in our village ponds, especially the Kingfisher Pond, that we have experienced. I will update more on this as the investigation proceeds.

VE Day **CANCELLED**

Our VE Day Celebrations are taking shape and, coronavirus permitting, it looks like we will have an excellent weekend of activities to celebrate and remember this pivotal point in our history. More details will be forthcoming, and I'd like to thank so many people for coming forward to offer help and support.

Annual Parish Meeting 27th April is our Annual Parish Meeting: your opportunity to meet your Parish Council in a less formal setting, to catch up with village events over the past year, and to look to the new financial year. As usual there will be refreshments, and a warm welcome to all. We will also be talking about the progress on the Community Hub and ideas to promote and enhance health and wellbeing for residents, so feel free to come and join us and get involved!

Until next time, your Parish Council is always available to help you, so feel free to get in touch!

*Dan delaMare-Lyon
Chairman, LPC*

COMMUNITY CONCERNS

District Councillors Notes



Community Governance Review: Longstanton and Northstowe to become separate parishes

Longstanton and Northstowe will become separate parishes under proposals put forward by the Council following the first stage of the consultation for the Community Governance

Review. Last year the Council began the process of undertaking this review to look at whether the boundaries or governance arrangements for the parishes of Longstanton and Oakington should change with the growth of Northstowe.

Over 430 responses were submitted in the first phase of the consultation. We would like to thank all residents who took the time to fill out the consultation questionnaire. We know that many of you found this confusing and we have been working with the Council to ensure this is clearer in the next phase.

The second phase of this consultation launched on 15th March and will run until 15th June with three options chosen by the Council committee for consideration. Importantly none of these involve creating a 'super-parish' or merging Longstanton and Northstowe.

You can view full details and maps for the three options via <http://bit.ly/NorthstoweABC>

The three proposals are:

Option A - All phases of Northstowe create a new parish. Oakington & Westwick remains its own parish with the boundaries highlighted by Oakington Parish Council to include the green separation land. Longstanton Parish would remain the same up to the roundabout separating Station Road and the B1050 towards Willingham. Land north of the Guided Busway will go to Willingham Parish.

Option B - As above but land north of the Guided Busway to go to Northstowe.

Option C - Only Northstowe phases east of the B1050 would go to create a Northstowe Parish. Longstanton Parish would retain all land to the west of the B1050 which would include Northstowe Phase 3b and the first set of houses built in Northstowe, the Bloor homes.

As District Councillors we were happy with the Committee's recommendation that these options go out to further consultation. We do not support option C, but as this was a preference given by a number of residents, we were keen for this to be included in the next round of consultation so that:

1. Residents of the Bloor homes in Northstowe can give their views and preferences on this option - we know that in the first phase of consultation they expressed a strong preference to be part of any newly created Northstowe Parish.

2. Longstanton residents could fully appreciate the impact of this option. This would allow a continuous link

with the area of Longstanton Parish north of the Cambridge Guided Busway but also mean that a significant proportion of the new homes at Northstowe would be included within Longstanton Parish. This would include the existing Bloor homes plus more than 1,000 homes in Phase 3B, and then any others likely to be built on other parcels of land (Digital Park and Endurance Estates) at this location. This could add an additional 2,240 Northstowe electors to be represented by Longstanton Parish Council. To ensure that roughly equal numbers of parish councillors represent the roughly equal numbers of residents in Northstowe and the village of Longstanton, the parish could be sub-divided into wards covering each settlement.

We are keen that residents north of the Guided Busway are given every opportunity to express their preferences, particularly if either options A or B were selected, and will be guided by them and the Longstanton Parish Council on which option is their preference.

A series of consultation events and presentations will be held at Longstanton, Oakington and Northstowe, full details of these can be found via the scamb.gov.uk website, using the link above. You can also contact us directly if you would like to discuss this review or any other issue.

Potholes

We have been receiving reports and seeing many complaints on local social media about the state of local roads and dangerous potholes. As District Councillors we do pass on reports we receive, but Highways issues are something that are dealt with by Cambridgeshire County Council. You can report highways problems, including potholes online via:

<https://highwaysreporting.cambridgeshire.gov.uk/>

We would also encourage residents to contact our new South Cambs MP to ask him whether Cambridgeshire is receiving any of the Government's promised extra funds for pothole repair.

We send out email newsletters and have been posting regular updates on our Facebook group. Details are here:

- For updates on local news as well as wider district issues sign up to our regular email newsletter: www.sclibdems.org.uk/email_signup_longstanton
- For all the latest news & updates so far please go to: www.sclibdems.org.uk/longstanton_news
- For those on social media we have a very active Facebook group covering the whole ward here: www.facebook.com/groups/2066298150052161/

Please do get in touch if we can help in any way.:

Sarah: cldr.cheungjohnson@scamb.gov.uk 01954 489089

Alex: cldr.malyon@scamb.gov.uk 01954 202859

*Alex Malyon and Sarah Cheung Johnson
District Councillors for Longstanton, Oakington and
Northstowe*

Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2)

Coronaviruses are a large family of viruses that are common among animals. In rare cases, they are what scientists call zoonotic, this means they can be transmitted from animals to humans. The novel coronavirus that has caused the current global pandemic is now known as severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The disease it causes is called coronavirus disease 2019 (COVID-19).

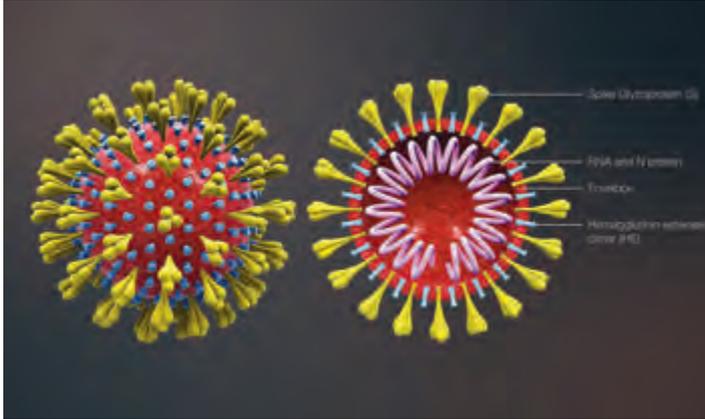


Diagram of coronavirus virion structure showing spikes that form a "crown" like the solar corona, hence the name.
Source: https://commons.wikimedia.org/wiki/File:3D_medical_animation_corona_virus.jpg

The SARS-CoV-2 respiratory virus originated in Wuhan, China in December 2019 and has been quickly spread around the world by travellers. It is closely related to the severe acute respiratory syndrome (SARS) virus. The World Health Organisation (WHO) declared a global COVID-19 pandemic in March 2020.

SARS-CoV-2 appears to spread from person to person among those in close contact. It is spread by respiratory droplets when someone infected with the virus coughs or sneezes. It's unclear exactly how contagious the virus is.

COVID-19 symptoms can be very mild to severe upper respiratory tract illness similar to a common cold. The symptoms can include a cough, sore throat, shortness of breath or difficulty breathing, headache and/or a fever, which can last for a couple of days. Some people have no symptoms. Symptoms may appear 2-14 days after exposure.

NHS recommendations are to self-quarantine by staying at home if you have either: a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature), or a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual). Do not go to a GP surgery, pharmacy or hospital. Use the 111 online coronavirus service to find out what to do. Only call 111 if you cannot get help online. If you have symptoms of SARS-CoV-2, you'll need to stay at home for 14 days. If you live with someone who has symptoms, you'll need to stay at home for 14 days from the day the first person in the home started having symptoms. If you live with someone who is 70 or over, has a long-term condition, is pregnant, or has a weakened immune system, try to find somewhere else for them to stay for 14 days. If you have to stay at home together, try to keep away from each other as much as possible.

Everyone should do what they can to stop COVID-19 spreading. This is particularly important for people who are

at high risk, such vulnerable group of people includes those that are 70 years or over, have a long-term/chronic medical condition such as heart/lung disease (e.g. asthma) or diabetes, have certain cancers (e.g. blood, lung), are pregnant, or have a weakened immune system. This is similar as that for other respiratory illnesses, such as influenza. Such high risk individuals are being urged to stay at home at all times.

The WHO recommend following these precautions for avoiding COVID-19:

- ◆ Avoid large events and mass gatherings.
- ◆ Avoid social activities such as going to pubs, restaurants, theatres and cinemas.
- ◆ Avoid close contact (about 6 feet) with anyone who is sick or has symptoms.
- ◆ Keep distance between yourself and others if COVID-19 is spreading in your community, especially if you have a higher risk of serious illness.
- ◆ Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitiser that contains at least 60% alcohol.
- ◆ Cover your mouth and nose with your elbow or a tissue when you cough or sneeze. Throw away the used tissue.
- ◆ Avoid touching your eyes, nose and mouth if your hands aren't clean.
- ◆ Clean and disinfect surfaces you often touch on a daily basis.
- ◆ Avoid sharing dishes, glasses, bedding and other household items if you have symptoms.
- ◆ Only travel on public transport if you need to.
- ◆ Work from home if you can.

No-one should travel internationally at this time. However, if it is deemed necessary check the up-to-date advice for travellers on GOV.UK.

There is currently no specific treatment for COVID-19. Antibiotics do not help, as they do not work against viruses. A vaccine isn't currently available for COVID-19, although many scientists around the world are working towards finding one and making this available as soon as they possibly can. However, even when a vaccine has been found, there is lengthy procedure of rigorous testing before it can be made available to the public. No antiviral medication is recommended to treat COVID-19. However, scientists are looking at some existing medications such as antimalarial drugs to see if they could be used for the treatment of COVID-19. Again, the research into this is still in its early stages. Currently treatment is directed only at relieving symptoms, such as the use of paracetamol for reducing fever.

The information provided here is based on the situation at the time of writing. However the circumstances and advice relating to the COVID-19 pandemic are rapidly changing. For up-to-date information please refer to the NHS and GOV.UK websites. It is imperative for everyone in communities to heed the advice given with regards to the COVID-19 pandemic, so as to reduce infection, death, and spread of the disease.

Stay healthy and take care!

NORTHSTOWE SECONDARY COLLEGE (NSC) NEWS

The Spring term has been fun-filled, with the students now over half way through their first year at NSC. We have continued to pursue our value of kindness with continued involvement in charity events. One of our students, Max, wanted to raise awareness of Myotonic Dystrophy by supporting the National 'Go Orange Day'. He led an assembly with 3 friends to talk to the students about the condition and why the day was so very important to him. Our students all came into school in bright colours for a donation, and brought cakes in aid of the charity. We raised £126.50!

We were also in receipt of kindness from our local community and are hugely grateful to our parents and the members of the Longstanton Church who helped us raise a marvellous £160 for our school library. Our parents came out in force with their bakes and it was very well attended. We are so grateful to the church for allowing us the opportunity.

Our curiosity has been pursued in many ways, with our young dancers performing at Energise on 6th February amongst lots of other local dance groups. They did very well and made us so proud. We also had a group of our students visited by the Director of Archives at Churchill College, Cambridge University. He set them the difficult task of looking at archive material and deciding what made a good leader. This culminated in presentations to parents and visitors. Our students were amazing, wise beyond their years, and very brave to present to the 30 assembled guests. Additionally, our visitor from Girton College who was working with students on their dreams and ambitions, was really impressed with the knowledge our students had about future pathways and careers.

In the Spring term assemblies, we focused on what hard work means, and particularly looked at whether struggle can teach us anything. One of our students Evie has demonstrated this clearly by running in the County Cross Country. She has now qualified for the national finals! Two of our students, Max and Nathan also competed locally in an adapted multi-sport competition and have been chosen to represent South

Cambs. We also had a huge student response to our Shakespeare competition and our French Spelling Bee. Yet again showing their enthusiasm to get involved with learning both in and outside of the classroom.



Another key priority for us is looking after the well-being of our young people and the Spring half term saw us begin our journey to achieve the Carnegie Mental Health Award, promote a menu of support choices for our students, help with any issues around mental health, and, saw our youth counsellor start work in school for a few hours a week. Our 'How to Thrive' programme is core to the well-being of young people. Students have been applying the skills they have learnt in resilience and mindfulness, in the hope that we create a culture of well-being and support for our NSC family.

Carole Moss, Headteacher

THE FRIENDS OF PATHFINDER SCHOOL (FOPS)



In the past few months FOPS has put on many exciting events and as a result has raised funds that will go towards providing outdoor shade for the Pupils of Pathfinder School.

Unfortunately, due to the current health situation regarding Coronavirus, FOPS

has made the decision to postpone future events. However, we remain hopeful that the Summer Fayre may still go ahead as planned which is currently set for 20th June 12pm-15pm at Pathfinder Primary School.

In the meantime, there are still many ways that you can support FOPS. FOPS is part of the Co-op Local Community Fund. If you shop in the Co-op and have a reward card you can choose FOPS

as your cause to support, then every time you shop a small percentage goes to us.

<https://membership.coop.uk/causes/40854>.

There is also Easyfundraising:

<https://www.easyfundraising.org.uk/>



It's easy to use and the free donations you can raise make such a BIG difference. Simply sign up, choose Friends of Pathfinder School-Cambridge as the cause to benefit, and then download the app. Then every time you shop at certain retailers FOPS will receive a small percentage.

Thank you for your ongoing support,

FOPS

LITTLE LEPRECHAUNS PLAYGROUP



We've had a great few months at toddler group; the children learnt about Autumn through drawing hedgehogs and leaf painting, as well as making snowmen and painting Christmas decorations. Our families also enjoyed our Christmas party in December, where we shared

party food and danced to Christmas songs! In the Spring months we have made flower pictures, fairy wands, Valentine's Day cards and learnt about inspiring women on International Women's Day!

We look forward to welcoming more new families throughout 2020 and are also looking for some new committee members; so any parents/carers who attend the group that would like to help out please let us know.

We would like to thank the Co-op for their continued support of the group by providing the fruit snack and milk for the children.

You can follow our Facebook page for updates and more information: @littleleprechaunslongstanton
Little Leprechauns Playgroup meets every Friday morning during term time from 9.30am to 11am in the village institute. Ages 0-4 welcome. We have free play followed by a fruit snack, a story, and a craft. Baby area available for little ones. Tea, coffee and biscuits for adults. Only £1 per family, just drop-in!



*Felicity, Jane and Liz
Little Leprechauns Committee*

SUMMER FUN DAY

FRIDAY 26TH JUNE 2020

TOMBOLA ENTERTAINMENT

REFRESHMENTS BAR

RAFFLE BOUNCY CASTLES

FACE PAINTING ICE CREAMS

3.30PM - 6.30PM

HATTON PARK PRIMARY SCHOOL

★
★
★
★
★

**- FREE ENTRY -
ALL WELCOME**

PLASTIC FREE

LONGSTANTON & NORTHSTOWE

SURFERS AGAINST SEWAGE

Hello! I'm delighted to introduce to you a new idea that everyone can get involved with - Plastic Free Longstanton and Northstowe. Are you fed up with unnecessary packaging? Tired of plastic bottles? Worried about where it all goes when you put it in the bin and whether it's recyclable or not?

You will be pleased to hear the your local community is working to become single use plastic free, to start tackling the wider problems of litter and recycling. Using the Surfers Against Sewage scheme, Longstanton and Northstowe are aiming to achieve the Plastic Free Communities certification. This means teaming up with the Parish Council, local businesses, and community groups to take action and reduce single use plastic. Things like plastic bottles, crisp packets, packaging, bags all cause problems for the environment and can find their way into local drains and watercourses, and then make their way into rivers and then the sea, where they take a long time to break down (if they do at all!).

So far we've been busy putting the things in place and speaking to people to promote what we're doing. We have a Facebook page set up so we can tell you what we're up to, and an email so you can get in touch...are you doing something locally that helps? A litter-pick, reducing your own plastic use, committing to remove single use plastic from your business? Let us know as it all helps and there's already a lot going on and more will help us get certified quicker, and clean up our area and improve our environment. We've been working with the local schools, the pop-up cafe, running club, and collaborating with the Northstowe Foodies on some very exciting ideas!

In the next issue we'll say more about all this but in the meantime check us out or get in touch at:

PlasticFreeLandN@gmail.com or Facebook @PlasticFreeLongstantonandNorthstowe

BREAKFAST CLUB, PRE-SCHOOL & AFTER SCHOOL CLUB



Hello from all of us. Since our last offering to LL we have enjoyed our routine OFSTED inspection. The inspector arrived on Friday 14th February and spent time with children, staff, and parents to gain an insight of life at our pre-

school. Our report was published on 6th February and we received a grading of GOOD in all areas. We are very pleased with our report, particularly as the inspector acknowledged our dedication to well-being and positive mental health. The day before our inspection, we asked for testimonials from our families to share with the inspector. We were overwhelmed with the volume of positive comments from many of the families and children we work with.

Obviously, the UK as well as lots of other countries are experiencing a pandemic with COVID-19. As a pre-school we have been



reiterating to our little ones the importance of regular hand washing. We have carried out several germ related activities. Deputy Manager Nicole covered her hand in paint (germs) and then played clapping games with the children and spoke about how the germs had travelled from Nicole's hands onto theirs. We also carried out activities in which children washed drawn on 'germs' from gloves. This promoted the children's hygiene but also encouraged physical development with the pump action from the soap dispensers and scrubbing actions on the gloves. This activity was enjoyed by all and we had some lovely feedback from our parents. Over the next few weeks, we will be continuing to develop the children's learning of hygiene and will be carrying out many more planned activities to promote this.



Shelle Stevens, Manager



We offer sessional pre-school childcare from 2 years old & breakfast club and out of school club childcare for Hatton Park children until the end of Year 6. Contact Nicole on 01223 491623 or e-mail nicole.newton@eyalliance.org.uk

FRIENDS OF ST. MICHAEL'S CHURCH



We certainly are living in challenging times, and 2020 seems to be an exceptional year. From catastrophic bushfires in Australia to floods in the west of Britain, our latest challenge is one that leaves every one of us perplexed: the thought that isolating ourselves seems counter-intuitive to what is normally promoted by healthcare officials and community leaders.

Having set some preparations in motion, and looking forward to our Australian Wildlife Appeal planned for March 15th, it was extremely disappointing that we felt it necessary to postpone this event. The committee of the Friends of St. Michael's cannot, at this stage, specify a

date for rescheduling; the intention is to host this event when the current crisis has been resolved.

The next production of *This is My Theatre* set for the 1st May, has been cancelled. It is unlikely they will be able to entertain communities for some considerable time. It is unfortunate but clearly the right decision at present.

To some good news: we are pleased to be recipients of a grant from Longstanton Parish Council to help with our advertising and printing for our events: we thank them for appreciating us as a community group. Other avenues of funding for our church roof repair have been pursued but clearly things are on hold until a time when this is appropriate.

As a group, the Friends will continue to work towards planning events that the local community can enjoy and when we are again able to socialise with our friends, neighbours and fellow residents. Getting together has proved to be one of the most rewarding outcomes of our efforts over the last two and a half years. We will keep up our communication with the community should the situation change.

In the meantime, we send our best wishes for good health and well being to all.

The Friends of St. Michael's Church
Email: fosm2017@gmail.com

AUSTRALIAN BUSHFIRE - FOLLOW UP STORY



After a month in Australia, we returned to the UK in late February to the images of flooded towns and homes. As ever the media were giving blanket coverage to this event, and we had moved on to another disaster: such is the nature of modern news reporting. Drawing comparisons between the impacts of fire damage and flood damage are perhaps misplaced: rain has come in Australia; the fires are out so let's move on.

Actually visiting the Eurobodalla coast four weeks after the devastating New Year fires that drew so much global coverage, what we saw was heart breaking, but also heart warming.

The small communities north and south of Bateman's Bay had taken the brunt of the fires in NSW. The tourist town of Mogo had lost some of its most significant buildings: the indigenous art centre, a converted church gallery, a Victorian homestead, and so many homes only identifiable by the brick chimney breasts left behind. People and businesses carried on.

Everyone we met had a story of how people were traumatised by the events but most importantly how the communities had drawn together in a common goal of not being defeated after losing so much. Still a month on there was only one topic of conversation. The human cost was clear: standing in line in the local post office, a couple redirected their mail as their home had been completely destroyed, only their post box surviving. Words of sympathy and support came from those around to people they had never met before.

There were so many ways that bushfires of that scale impact life in rural communities: being cut off as the road/highway in and out is affected; a midnight darkness in the middle of the day; downed power cables meaning no electricity, but live wires on the roads; melted road barriers and signs; melted water pipes gushing water you cannot turn off; no mobile network, or internet, as mobile towers destroyed, and no facility to access money as bank ATMs and card points are inactive. This latter aspect caused serious problems for people trying to buy petrol to flee the areas affected when a window of opportunity did open.

Driving the coast to Canberra route via the Kings Highway, the extent of the fires was again clear. Being able to see through the bush landscape for so many miles was unusual; the normal scrubby undergrowth had been burnt away and thus the habitation, vegetation and food sources of millions of animals, birds, reptiles and insects. The whole biodiversity disturbed and out of balance.



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The effect of the bushfires on the marine environment was there to see in the normally crystal clear waters still heavy with charred particles; this charcoal will continue to wash up on the beaches for the foreseeable months: nature purging itself. The impact on the marine life is yet to be calculated.

However, out of the heartbreak of such an event came resilience, both human and natural. The verdant new growth of eucalyptus, bush ferns and pastureland against the backdrop of charred trunks and ground heavy with ash was quite stunning. Nature and humans do recover, and they do support each other. The Rural Fire Service so lauded by the public for their unselfish duty to helping their communities had a record number of people apply for volunteering: the fragile nature of the wildlife and environment supported by volunteers aiding its recovery.



So here we are heading into a period of uncertainty, with the prospect of social distancing as our defence against coronavirus. After experiencing how communities coming together has been so crucial to weathering the storm, how ironic that now we have to devise ways to stay together whilst keeping apart. What needs to be done will be done and we will all benefit.

Narelle Hassell

Advertisement



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24hr emergency call out service offered
with local operatives in Longstanton area

Shaun Rivers: 07967 095721
Andy Day: 07967 095720
Office: 01223 870580
enquiries@nutcombecambridge.co.uk

www.nutcombecambridge.co.uk

Our year on the reserve is split into two halves: the autumn-winter habitat management season and the spring-summer breeding season. From September through to the end of February we are busy going around the reserve carrying out work to maintain or enhance areas for our key breeding species. Most of this work is guided by the reserve species targets in our management plan. These targets detail the species, avian or otherwise, that we want to attract to the reserve to breed or overwinter. Nesting islands are cleared of vegetation, willow is removed from reed bed, scrub is coppiced, and many other tasks are carried out to provide the ideal habitats for our target species.



Lapwing with chick - Amy Millard (rspb-images.com)

March through to August is the breeding season when resident and migrant birds are busy nesting around the reserve. Consequently, in order to prevent disturbance to breeding birds

throughout these months, we do not venture off-track into any of the habitats. We do, however, carry out surveys to find the number of pairs of key species using the site, so we know if what we're doing is working. Starting in early spring we head to the reserve, usually at or before dawn, to look or listen out for the species being surveyed that day. For some surveys we listen out for territorial males such as bittern, turtle dove and nightingale. In other surveys we count pairs of birds on nests or with chicks such as terns, waders and waterfowl. All our findings go towards our local reserve targets to inform our work for the next habitat management season, and they also get collated on a county and country level.

Get involved...

Willow Weaving Workshops

Join us to learn how to use willow harvested at the reserve for weaving.

Sun 31st May, 10am-4pm: Garden obelisk

Sun 29th Nov, 10am-4pm: Christmas decorations

Booking required.

Volunteering

It's always nice to be met with a friendly face when arriving at the reserve and be offered information and family-friendly activities, such as pond dipping and minibeast hunting. If you'd like to find out about our visitor engagement work and other volunteering opportunities, please get in touch.

Email: fendraytonlakes@rspb.org.uk

Phone: 01954 233260

Visit rspb.org.uk/fendraytonlakes

The Royal Society for the Protection of Birds (RSPB) is a registered charity: England and Wales no. 207076, Scotland no. SC037654

FRIENDS OF HATTON PARK SCHOOL (FoHPS)



Work is now underway on redeveloping the school pond area in the school grounds. This exciting, significant project offering "more for outdoors" would not be possible without everyone that has supported our FoHPS fundraising activities over the past few years. We cannot wait for the children to start enjoying the new outdoor pond space when it is finished later this spring. Work has already started in clearing the area, ready for the new fencing, path and pond dipping platform to go in.

A big thank you to Sam Nightingale at Cambridge Cheese Events for donating her time to host our first cheese Tasting evening on Friday 6th March. A great evening was had by all!

Due to the current Coronavirus outbreak, the FoHPS team have decided to cancel the Hatton Park School quiz night. However, we remain hopeful that the **Summer fun day** will go ahead on **Friday 26th June 3.30-6.30pm**. We are now starting to organise

this event, so if you want to get involved by helping in any way, no matter how big or small, please get in touch with us at fohp-chair@gmail.com

We have some amazing raffle prizes for the Summer fun day so far. Thank you to all those people/companies who have donated prizes to us including:

- Overnight stay for 2 adults including dinner and breakfast at the Cambridge Belfry, Cambourne
- Tea for Two at the Book Warren and Café, Willingham
- £10.00 Gift voucher from The Nook Café, Swavesey
- 1 month peak membership at Willingham gym and well-ness
- Cut and blow dry at Skatz hair design, Longstanton
- 2x free child entry tickets to Whale of a Time, Bar Hill
- £30.00 meat bag voucher from the Longhorn Farmshop

You can also help us out while you shop online: **(1)** Support us on Amazon by shopping through their Amazon Smile site (identical in every other way to Amazon) and we will get a donation from eligible purchases. Find us at <https://smile.amazon.co.uk/ch/1038757-0>. **(2)** You can also raise money from other online shops via easy fundraising: easyfundraising.org.uk/causes/friendsofhattonpark

Thank you for your continued support!

The FoHPS Team

WILLINGHAM & LONGSTANTON SURGERIES

Reception Tel: Willingham 01954 260230 Longstanton 207600 Dispensary: 207602 District Nurse Team: 01223 726469
Option 2 | Health Visitors: 0300 029 50 50 Out of hours cover: Ring 111 Website: www.willinghammedicalpractice.nhs.uk

Please note the Surgery will be closed on Friday 10th April and Monday 13th April for the Easter Weekend. Please plan ahead and ensure you have ordered enough medication by Tuesday 7th April.

Coronavirus COVID-19 The NHS in Cambridgeshire and Public Health England (PHE) are extremely well prepared for outbreaks of new infectious diseases. The NHS has put in place measures to ensure the safety of all patients and NHS staff while also ensuring services are available to the public as normal.

You should call NHS 111 if you have been in close contact with someone with confirmed coronavirus.

Returning travelers Call NHS 111, stay indoors and avoid contact with other people immediately if you've travelled to the UK from any of the infected areas. Please check with **Public Health England** for full directions and the up to date list of countries: <https://www.gov.uk/coronavirus>
Further information is also available on [nhs.uk](https://www.nhs.uk)

Do not go to the GP surgery, community pharmacy or hospital. Call 111, stay indoors and avoid close contact with other people.

Like the common cold, coronavirus infection usually occurs through close contact with a person with novel coronavirus via cough and sneezes or hand contact. A person can also be infected by touching contaminated surfaces if they do not wash their hands. Everyone is being reminded to follow Public Health England advice to:

- Always carry tissues with you and use them to catch your cough or sneeze. Then bin the tissue, and wash your hands, or use a sanitiser gel.
- Wash your hands often with soap and water, especially after using public transport. Use a sanitiser gel if soap and water are not available.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are unwell.

Dr Stevens We are delighted to welcome Dr Faye Stevens to the practice as a permanent member of our team.

Cervical Screening Around 2,600 women are diagnosed with cervical cancer in England each year, and around 690 women die from the disease, which is 2 deaths every day. It is estimated that if everyone attended screening regularly, 83% of cervical cancer cases could be prevented.

New research from Public Health England shows that nearly all women eligible for screening (90%) would be likely to take a test that could help prevent cancer - and of those who have attended screening, 9 in 10 (94%) would encourage others who are worried to attend their cervical screening. Despite this, screening is at a 20-year low, with 1 in 4 eligible women (those aged 25 to 64) in the UK not attending their test.

If you have been invited or are overdue your cervical screening test, please contact the surgery and book a routine appointment with one of our nurses.

Cambridgeshire Hearing Clinics The next Hearing Aid Clinics at Willingham Surgery on Weds 15th April, Weds 20th May and Weds 17th June from 2:00pm-4:00pm. No appointment necessary, just pop along for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

Carers Support Meetings Meetings held on the first Wednesday of every month. If you are a carer, please pop along and get some support from other people in the local community. Refreshments provided no need to pre-book and completely FREE! Please contact Sue Lawson at the surgery or email her at susan.lawson7@nhs.net for more information.



A&E is not an alternative to a GP appointment. If we are closed, please call 111.

Lisa Smith - Assistant Practice Manager - April 2020

Do you Miss a Good Natter?



Dear All,

We are aiming to put together a list of people who are missing regular contact - remember it's good to talk!

If you are one of our congregation who thrives on chattering and nattering then this is for you. If you are a quieter type but in these trying times occasionally feel like a chat then this is also for you.

If you would like to be part of this group then please let me know, indicating how you would like to be involved. The email address to contact: sgcoutures64@gmail.com

You could:

1. Provide your telephone number for people to call you when they need to talk.

2. Call a few pre-agreed people regularly for a chat - times etc to be agreed between you.

Or for our quieter folk:

3. Take the phone number of someone who will be pleased to hear from you should you feel the need to talk.

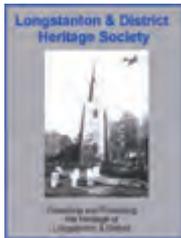
4. Arrange with someone who likes a natter that they will call you regularly for a chat at an agreed time.

If you feel this is not for you just now please there is no need to respond.

Everyone on the **All Saints Church Longstanton PCC** and in the wider **5Folds Benefice** is working hard to try to find new and creative ways to keep in contact, show our love and support to each and every one of you. If you have any ideas please share them with us.

*With Love and Blessings,
Sue Gamon*

(Sue Gamon (email sgcoutures64@gmail.com or phone 01954782371)



HERITAGE ANNEX UPDATE: LDHS is pleased to announce that a planning application for a heritage facility has recently been submitted to SCDC. This heritage annex is an additional extra for the communities and reflects a partnership between Cambridge County Council (CCC), Homes England and Highways England. The heritage annex will be managed by CCC

commitment made by Homes England for the display and storage of LDHS archives. This facility will not provide storage for the heritage society archives and the store and office will remain in its current location until the Section 106 provision is in place. Please rest assured LDHS will continue to work with CCC and Homes England to ensure that the Section 106 commitment is met in full.

CCC, Highways England, LDHS and others are currently working on developing the content for this building and it is hoped that the annex will be open to the public before the end of this year.

and will include some items of the LDHS archives on loan or under licence. We have made clear that our support of this heritage facility is reliant on 'support' being a two-way process with CCC and the heritage annex staff supporting LDHS and our long-term objectives. It has



Image: Longstanton/Northstowe Heritage Annex - copyright Proctor and

been made clear to us that this heritage facility is only a first step towards heritage provision for Northstowe, Longstanton and the surrounding communities and this building does not fulfil the legally binding Section 106

the final facility promised by the Homes England S106 commitment so please join the society and help us with this exciting project.

Hilary Stroude (Secretary)

PROPOSED VE DAY CELEBRATIONS



"The Longstanton & District Heritage Society and Longstanton Parish Council, with the support of Homes England and residents of Longstanton and Northstowe, invite you to a Heritage Drop-In Evening to mark the start of the **VE Day 75th Anniversary** weekend: at an appropriate location and time because **7 May 1945** saw the German surrender which brought to an end hostilities in Europe. RAF Oakington, a Bomber Command airfield, would have heard the news with as much relief as the surrounding communities.

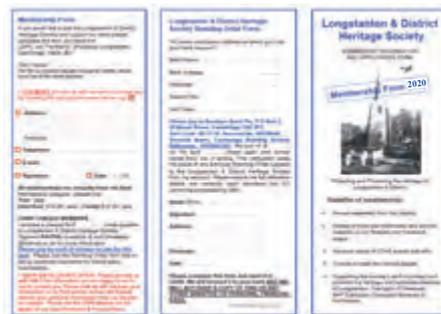


Village residents may have struggled to celebrate VE Day 1945 with the same exuberance that was shown in London but 75 years later we can make up for that. The bravery and fortitude of villagers and all those associated with RAF Oakington is something that this event will try to honour. This Heritage Drop-In Evening gives residents the chance to be on the site of RAF Oakington 75 years to the day that War in Europe came to an end. We must thank Homes England for granting us access to the former airfield for such a historic moment. This evening will give residents the chance to visit Northstowe House and see some of the LDHS archives relating to RAF Oakington and Longstanton at war. Refreshments will be served and you will have the opportunity to find out more about the heritage society and plans for a Heritage Annex to be built on the site."

MEMBERSHIP RENEWAL REMINDER 2020

Once again a new year means our membership reminders will soon be sent out and this seems like a good time to stress once again, now more than ever, we also need the strength of our members when we consult with developers and local authorities on your behalf. LDHS also needs your support: to adapt to changing circumstances in order to protect the archive and the LDHS website and to allow us to continue to provide the six free talks a year, together with the annual newsletter plus other benefits for our members.

This is the perfect time to join the heritage society and help us with our work to protect and promote the shared heritage of Longstanton, Northstowe and RAF Oakington/Oakington Barracks. You can download a membership form from our website at www.ldhs.org or you can request one by emailing, ldhssec@hotmail.co.uk. Alternatively, ring **01954 782560** and leave your name and address and our Secretary will ensure that you are sent a form.



Dates for LDHS Public Talks for Spring 2020

Friday: 3 April 'Beer and Spirits...' - Julie E Bounford

Friday: 1 May 'Cambridge at War 1939-45' - Mike Petty

All talks/ Events to be held at 7.30pm in the Village Institute, High Street, Longstanton.

Everyone welcome: members free - non-members £2.00. Talks followed by tea, biscuits and chat.

Hilary Stroude, Secretary, Longstanton & District Heritage Society, The Manor, Woodside, Longstanton, Cambridge. CB24 3BU
For more information on any of the above, please contact us on: Tel: **01954 782560** or e-mail ldhssec@hotmail.co.uk



EASTER COMPETITION

In this issue, we have two Easter-themed competitions, one for the younger readers and one for the rest of you..

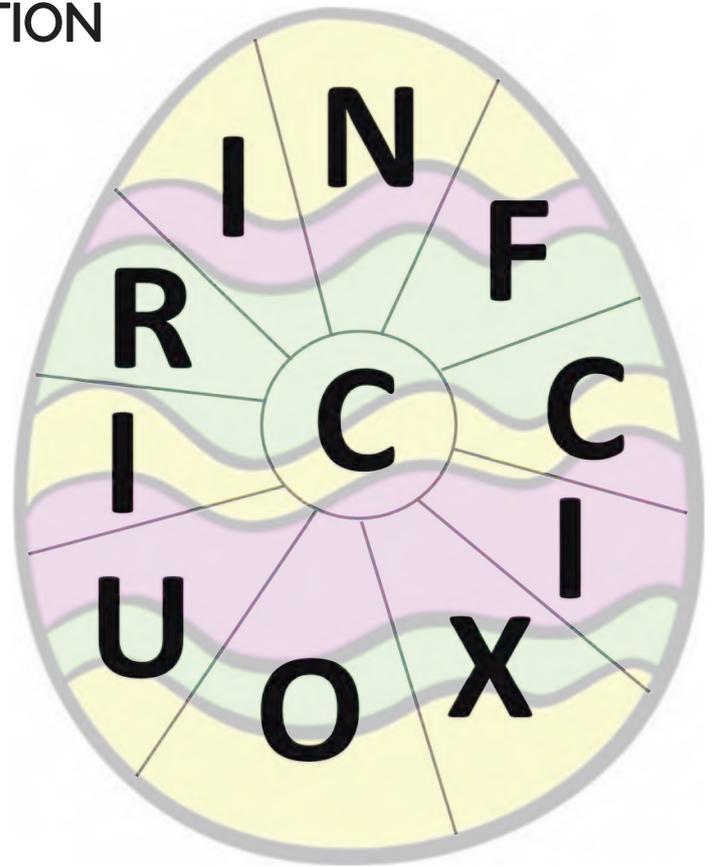
Junior – open to all those aged 10 years or under. Hidden on the pages of this issue of the magazine are 6 lambs, each with a letter on it. Arrange the letters to create an Easter-related word.

Senior – open to everyone over 10 years. In the egg opposite are 11 letters: (a) rearrange these to create an Easter-related word, and (b) create as many general words (with 3 letters or more) as possible, but you must use the central letter ("C") somewhere in each of the words.

To enter the competition, send your answers to Longstanton Life either by posting at the Village Institute, or by emailing to: longstantonlife@hotmail.com before Friday 17th April. Remember to include your name and phone number with your entry. For the juniors entry, please also include your age.



The first person randomly selected from those with the correct answers from each category will each receive a chocolate Easter egg, kindly donated by the Longstanton Coop. The winner will be announced in the next issue. **Good luck!**



VALENTINE'S COMPETITION WINNER

Congratulations to Karen Jeckell, the winner of the Valentine's competition. She is pictured here with her daughters and a voucher for the Willingham Auctions Café.



Our thanks again to Willingham Auctions for donating the prize.

The 5 answers were: love, couple, kiss, romance, and adore.



Over Day Centre Bike Rides, 31st May 2020 Postponement

We are writing to everyone who might have joined the event to say that we have decided to postpone, given Government advice about mass gatherings and social contacts. In addition, Cycling UK is suspending Organisers' Liability for organised rides until further notice. We are very mindful of the health and wellbeing of all cyclists, helpers, staff and family members who would have taken part in the rides and social afterwards. The Chief Medical Officer's current estimate is that, hopefully,

the virus will peak in approximately late May and early June. We do hope to arrange another date later this year – but will follow closely Government advice on this.

The Over Day Centre is discussing how to help older and vulnerable people in local villages, working in coordination with other social groups and local businesses. Our premises, staff and volunteers will be working to provide support in any way that we can, following Government and Public Health England guidelines. If you might like to support this work at a time when the Day Centre will be without normal revenue, you could donate using the Just Giving link on our website www.overdaycentre.co.uk/support-us or send a cheque made payable to 'Over Day Centre' and posted to : Hayley Smith, Centre Manager, Over Day Centre, 1 Dring's Close, Over, Cambridgeshire, CB24 5NZ.

Many thanks for your potential interest. We will be in touch again when normality returns. In the meantime, look after yourself and the people around you.

Coronavirus Notice

Unfortunately, due to the current restrictions on gatherings we have been advised that all **Church of England Services should be suspended** until further notice.

This restriction applies to all our usual activities and meetings.

During this period we will attempt to keep the church open for private prayer. Please keep your distance from anyone using the church while you are there and feel that you can use the hand wash sink (*right hand end of the kitchen area*) before and after your prayer time.

Should you need to **contact** the church for help please contact

Revd Dr Simon Gill on **01954 230434**
simon@5folds.org.uk

or one of our

Church Wardens
Arthur Savage on **01954 780121**
arthur.savage.46@btinternet.com

Sue Gamon on **01954 782371**
sgcoutures64@gmail.com

or email
admin@5folds.org.uk

"Do not let your hearts be troubled. You believe in God; believe also in me." Jesus' words in John 14 give us the key to peaceful hearts in a troubled world. And the world is certainly troubled in a new way right now. But Jesus says he is the one who has the power to take us through the troubles and to his Father's everlasting house. He is the one who makes the only way for human beings to get to God, by being both God and man, the one who has died and risen again.

Baptism points to Jesus' dying and rising which gives us confidence of everlasting life. So we were delighted to have a baptism service in our last gathering as a church before the government advised churches to shut. If the idea of inner peace, and hope that goes beyond death, is one you'd like to explore further, we'd love to help you.

Emmanuel Church Northstowe has moved to online activities while we are in Covid-19 lockdown. We have a live Sunday gathering in Zoom, and then a Sunday Youtube playlist

which includes a pre-recorded sermon. Our homegroups meet in Zoom to discuss the Bible, share lives and pray. And if you'd like to join a coffee chat slot, an online Christianity Explored course, or talk to our pastor Josh Monteiro, all of that can be done online.



Details will be on our website:
emmanuelchurchnorthstowe.org
and Facebook Page:

www.facebook.com/emmanuelchurchnorthstowe/

Minister Josh Monteiro - emmanuelchurchnorthstowe.org

Church Times

CANCELLED

**All Saints' Church,
Longstanton**

For exact dates and details of activities being held please refer to the church notice board or go to the website:

www.friends-of-all-saints-church-longstanton.org.uk



Catholic Sunday Mass

Cambridge: (OLEM) Our Lady and English Martyrs, Hills Rd, Cambridge CB2 1JR. Tel: 01223 350787/ web: www.olem.org.uk

Bar Hill: (serviced from OLEM)

St Ives: The Sacred Heart, Needingworth Road, St. Ives. Tel: 01480 462192/ web: www.sacredheart-stives.org



Need home communion for the sick or house bound?

Please contact: Fr Edward Tredota, 01480 462192



Details of weekly events and news on the website: willinghambaptist.org

Please contact: Emma Launchbury
secretary@willinghambaptist.org
Church Office 01954 260538

Find us on Facebook:
www.facebook.com/WillinghamBaptist

Emmanuel Church Northstowe

Sundays 10:30am Northstowe Community Wing. All welcome.

www.emmanuelchurchnorthstowe.org

Contact: josh.monteiro@emmanuelchurchnorthstowe.org



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Bass Guitar Lessons - All styles and abilities. Professional preparation for graded exams. Tomasz Ziobro Dip LCM. Tel. 07514 664020 or email: walkingbasslessons@gmail.com

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We look forward to hearing back from you!

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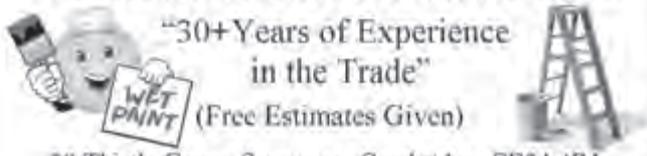


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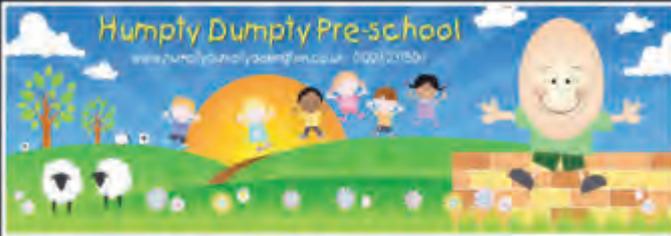
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