



Cambridge  
Community  
**arts**



# CREATIVE COURSES

IN FENLAND & CAMBRIDGE

SEPTEMBER 2020 – JULY 2021

VISUAL | DIGITAL | PERFORMING ARTS



IMPROVING MENTAL HEALTH WITH CREATIVITY

# Welcome

---

to our programme of creative year-long courses for 2020-21 in Cambridge and Fenland in partnership with Cambridge Regional College. With a wide range of subjects in performing, visual and digital arts, there should be something for everyone, whether you are aiming to try something new or build on existing skills. Courses are open to adults 19+.

Evidence shows that our courses help you re-engage with creativity and community. Being creative is good for you, it will improve your mental wellbeing and your confidence. CCA classes offer a non-judgemental, stimulating, and friendly environment. They are run by experienced professional artists in local community centres and have a maximum of ten people per class.

If a year-long course is not for you, CCA also offer a range of short courses. For further information, see our website: [www.camcommarts.org.uk](http://www.camcommarts.org.uk)

We hope you find something to suit your interests and we look forward to hearing from you.

*The CCA Team*



## Contact us

---

[info@camcommarts.org.uk](mailto:info@camcommarts.org.uk)  
[www.camcommarts.org.uk](http://www.camcommarts.org.uk)  
01223 631820 / 07763 280029  
16-18 Arbury Court, Cambridge CB4 2JQ

**“Being creative has improved my mental health. Since finishing my course, with the support of CCA, I have gone on to get my dream job.”**

### **Why do a qualification?**

CCA courses offer more than creative activity. Structured creative learning will help you progress as an artist and build confidence in your ability. You will develop transferable skills for life, that will give you a stepping-stone to future ambitions.



All courses lead to a qualification: **Level 2 Certificate Skills for Working in the Creative & Design Industries** accredited by AIM Awards. This qualification has been chosen because it offers flexibility in assessing your learning. There are no examinations and limited written work (support can be provided if required). Attending regularly, participating and creating work in line with the tutor's instructions all provide evidence of your learning. Courses are open to beginners (except for Music for Performance) and you must be prepared to commit to a year of learning. The first six weeks are free and provide an introduction to your course.

## **OUR VALUES**

**WELCOMING** – we do everything we can to make you feel welcome to our courses. This includes receiving a text reminder each week.

**EMPATHETIC** – we meet with you before you sign up, to understand any challenges you face and find out what we can do to support you.

**INCLUSIVE** – we welcome adults 19+ who can understand and respond to instruction, give a personal opinion, is willing and able to learn, work independently and with others. We prioritise people with health conditions (mental and physical) and who are at risk of social exclusion for other reasons.

**RESPECTFUL** – each member of our creative community is respectful of all other members.

**EMPOWERING** – all courses focus on developing you as an artist and we can provide support after your course to help you take your next steps.



Photo: Bryan Johnson CCA photography club

# APPLYING FOR A COURSE

1. Choose a course that you are interested in.
2. Complete an Expression of Interest form (included in this programme or you can find it on our website) and return it, either by post or online.
3. We will call to arrange a meeting to find out more about you and make sure your chosen course is suitable. We will also complete registration paperwork and ask you for ID.
4. We will contact you to let you know if we can offer you a place.

## COSTS

We aim to keep our courses affordable to people on low incomes and offer payments by instalment. If you receive means-tested benefits or have a low income you will be eligible for a reduced fee. We may ask you for evidence. The reduced fee provides a contribution towards administration and accreditation costs, field trips and end-of-year performances and exhibitions; all direct learning is free of charge. No fees are payable until November. If you are experiencing extreme hardship, let us know.

Band A: income under £16K or on means-tested benefit	£145
Band B: household income	£450
Band C: income £28k +	£1350

## TERM DATES

### Autumn Term

07/09/20 - 23/10/20 (6-week FREE intro)  
02/11/20 - 18/12/20  
Half term commencing 26/10/20

### Spring Term

04/01/21 - 26/03/21  
Half term commencing 15/02/21

### Summer Term

12/04/21 - 12/07/21  
Half term commencing 31/05/21

## CORONA VIRUS

The health and wellbeing of our creative community is a top priority. Whilst it is our intention to offer courses as advertised, we retain the right to make changes in line with government guidance responding to the COVID-19 crisis.

**“Fantastic courses and very supportive staff.”**

Nat



Photo: Virginia Jane Photography

**Tutor:**

Matthew Magnus

**CAMBRIDGE****Day/time/location:**

Monday 11am-2pm

Buchan Street

Neighbourhood Centre

CB4 2XF

**FENLAND****Day/time/location:**

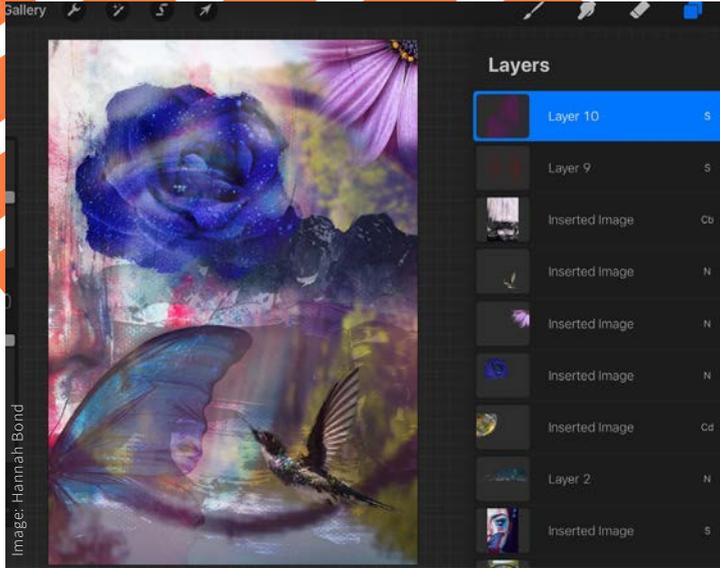
Tuesday 11am-2pm

The Oasis Community

Centre, St Michael's

Avenue, Wisbech

PE13 3NR

**Term 1:**

Elements of Art – explore the building blocks of art

**Term 2:**

Principles of Design – learn the visual language of art and design

**Term 3:**

Creative Process – design and develop a personal project. Showcase your work

**You bring:**

Your imagination

**We provide:**

iPads, apps & internet

## DIGITAL ART & DESIGN

**What you'll learn**

Digital art at your fingertips. Explore your creativity and develop new digital skills using an iPad. You will explore elements of art using digital painting and drawing, learn the principles of design by creating graphics and develop your understanding of creative process through a personal design project. Showcase your work online and at exhibition.

**How you'll learn it**

Working individually on iPads in the classroom, design, paint and create in your all-in-one art and design studio. Each week take inspiration from different artists and designers to help inform and develop your own style.

**“The digital art course is amazing. The tutor is helpful and you learn creative skills to expand your work to become digital.”**

Hayley

## CAMBRIDGE

### **Tutor:**

Tiago Coimbra

### **Day/time/location:**

Tuesday 1.30-4.30pm  
St Philips Church Centre,  
Mill Road CB1 3AN

### **Term 1:**

Musical concepts and compositions

### **Term 2:**

Rehearsal and performance skills

### **Term 3:**

Developing group playing for performance

### **You bring:**

Your instrument and a basic level of playing or singing

### **We provide:**

Keyboard, percussion, guitars, drum kit (if required)



Photo: Toby Peters

# MUSIC FOR PERFORMANCE

## **What you'll learn**

Develop your skills and confidence playing an instrument or singing individually and as part of a group. Gain an understanding of composition to create original music. Establish teamwork and technical skills to collaborate, rehearse, plan and perform successfully with other musicians.

## **How you'll learn it**

Listen, experiment and compose, rehearse, play and review, as a group in the classroom, supported by individual practice at home. Showcase your work to an invited audience throughout the year.

**"I am playing more and have more confidence to try and learn different pieces. It gave me the confidence to get involved with other things that has led to me doing things that I didn't imagine."**

Nicki

## CAMBRIDGE

### **Tutor:**

Tim Griffith

### **Day/time/location:**

Thursday 1.30-4.30pm

Buchan Street

Neighbourhood Centre,

CB4 2XF

### **Term 1:**

DAW techniques

### **Term 2:**

Composing and remixing  
original tracks

### **Term 3:**

Sound and audio  
production

### **You bring:**

Basic computer skills and  
your own laptop, if you  
prefer

### **We provide:**

Laptops, software &  
equipment



Photo: Toby Peters

## MUSIC PRODUCTION

### **What you'll learn**

Get to know your Digital Audio Workstation (DAW) and learn how to manipulate audio. Using cross-platform software, you will learn how to sample, remix and sequence music to create original compositions. You will gain an understanding of recording equipment and methods for use in audio production. Gain an introduction to the creative industries through visits to local live and production venues.

### **How you'll learn it**

Computer-based learning in the classroom as well as visiting a working music studio. You will work individually and collaborate with others to create original music.

**“100% I can produce music... It has given me confidence to think I can do it. It's given me a goal and something to work towards.”**

Charlie



## DRAMA

### What you'll learn

Play make believe, learn improvisation and develop your acting skills. Explore how to use your body in physical theatre and hone your performance technique. Learn to collaborate and devise original work, to become a strong, confident and cohesive performance group.

### How you'll learn it

Develop your skills using games, pair and group work. Devise and perform at the end of Term 1 and develop an original final project for performance at the end of your course (in a theatre to an invited audience). This playful course is inclusive, empowering and fun, you'll build confidence to take with you beyond the course.

**"It has made a massive difference - I feel more positive, I can be more myself and I'm more comfortable... that has improved my confidence."**

Learner

## CAMBRIDGE

### Tutor:

John Shields

### Day/time/location:

Monday 1.30-4.30pm  
Ross Street Community  
Centre, Ross Street  
CB1 3UZ

### Term 1:

Improvisation and acting skills

### Term 2:

How we use the body in performance and creative devising skills

### Term 3:

Refining skills and developing the group end-of-term performance

### You bring:

Yourself - in comfy clothes

### We provide:

Everything else needed

## CAMBRIDGE

### Tutor:

Dani Penhaligan

### Day/time/location:

Monday 11am-2.30pm

Arbury Community Centre,  
Campkin Road CB4 2LD

### Term 1:

Drawing techniques and mixed media art

### Term 2:

Life drawing techniques and clay sculpture

### Term 3:

Painting – exhibit your work

### You bring:

Clothes that you don't mind getting messy

### We provide:

Sketchbooks, portfolio and all art materials



## VISUAL ARTS

### What you'll learn

Explore approaches and techniques of contemporary visual-arts practice across a range of media including drawing, mixed media, life drawing, clay sculpture and painting. You will produce a portfolio of work to be proud of and be guided through the elements needed to build on your talents and achieve real progress with your art.

### How you'll learn it

Within a relaxed and inclusive setting, you will be supported in exploring social, cultural and artistic ideas to expand your practice, taking inspiration from artists and art theory. Working within a group and independently towards your own goals and creative experimentation.

**"I'm drawing and painting more and that has been missing from my life. It gives me a goal... Doing this has really saved me."**

Lynne



# PRINTMAKING

## What you'll learn

Develop drawing and mixed media techniques using pen, paint, collage, ink and other media, to underpin your printmaking expression. Explore mark-making using found objects and relief printing techniques, before progressing to linocut printing. Look to the work of artists and art theory to develop your own practice and style.

## How you'll learn it

Our practical workshops will have a relaxed atmosphere to encourage your creative flow. Seek inspiration from the world around you, the work of others and your imagination to hone your mark-making skills and create fresh expressions.

## FENLAND

### Tutor:

Carole Reich

### Day/time/location:

Wednesday 1.30-4.30pm  
Queen Mary Centre  
Queens Road, Wisbech  
PE13 2PE

### Term 1:

Exploring colour and drawing

### Term 2:

Experimenting with found objects

### Term 3:

Refining printmaking skills and exhibit your work

### You bring:

Clothes that you don't mind getting messy

### We provide:

Sketchbooks, portfolio and all art materials

**"I had a good time learning different printing techniques and I felt inspired to try different things."**

Karen

## CAMBRIDGE

### Tutor:

Helen Perry

### Day/time/location:

Thursday 11.30am-3pm  
Arbury Community Centre,  
Campkin Road CB4 2LD

### Term 1:

Getting to grips with your camera

### Term 2 & 3:

Photographic practice and individual project

### You bring:

Digital camera

### We provide:

Editing software, basic digital camera, if necessary



# PHOTOGRAPHY

## What you'll learn

Realise the potential of your camera, become confident with composition, ISO, shutter speed and aperture to say goodbye to "point and shoot" and take the pictures you've always wanted to take! Delve into the history of photography and pioneering photographers to discover new ideas to inspire and develop your own style and approach.

## How you'll learn it

Working in a supportive group and individually, you'll experiment in the classroom, at home and on location around Cambridge. Each week explore a different photographer and develop critical thinking that will inform your own work. Develop a personal project to hone your approach, demonstrate your skills and exhibit your work.

**"I know what makes a good photograph and I am prepared to experiment. It's made me think about doing things with photography that I wouldn't have before."**

Jane



Cambridge  
Community  
**arts**

## IMPROVING MENTAL HEALTH WITH CREATIVITY

01223 631820 / 07763 280029

[www.camcommarts.org.uk](http://www.camcommarts.org.uk)

16-18 Arbury Court, Cambridge CB4 2JQ

 [www.facebook.com/cambridgecommunityarts](https://www.facebook.com/cambridgecommunityarts)

 @camcommarts

 @camcreate

Design: Hanna Warne

Photo: Toby Peters