

## WILLINGHAM & LONGSTANTON SURGERIES

Reception Tel: Willingham 01954 260230 Longstanton 207600 Dispensary 207602

District Nurse Team: 01223 726469 Option 2 Health Visitors: 0300 029 50 50

**Out of hours cover: Ring 111** Website: [www.willinghammedicalpractice.nhs.uk](http://www.willinghammedicalpractice.nhs.uk)

***A&E is not an alternative to a GP appointment. If we are closed, please call 111.***

### **Enhanced Access to GP**

Local GP practices are working together to offer patients evening and weekend appointments in our area. **Over Surgery** is open on Saturdays and other local practices including **Milton Surgery** have evening appointments. That means you will be able to see a GP, nurse or other health professional at a time which is most convenient for you.

These are pre-bookable routine appointments face to face with a Doctor, Nurse, HCA or Phlebotomist and are provided by the Cambs GP Network. Services offered are:

- GP Consultations
- Advanced Nurse Practitioner consultations
- Nurse appointments offering dressings, asthma and diabetes reviews, contraception reviews, etc.
- Health Care Assistant appointments offering ear irrigation, wound care, blood test, etc.
- Phlebotomy: Routine blood tests are available within our Extended Access Clinics
- Cervical Screening

These appointments are available to ALL of our patients registered at Willingham and Longstanton surgeries.

Please contact the Willingham reception team on 01954 260230 to book an appointment, as the Over surgery will only be able to book in their own patients.

**Please note that your consent for our clinician to view your medical record will be required in order for an appointment to be booked for you.**

There are no urgent on the day appointments. If you are unwell over a weekend you would need to call 111.

Please see <https://www.cambsgpnetwork.nhs.uk/gp-extended-access-1> for more information on sites and opening times or ask the reception staff

### **New baby registrations**

New parents are advised to register their baby at their earliest convenience. Your baby will need an 8 week check with the GP, therefore registration as soon as possible after birth is advised in case your child requires GP treatment in the meantime.

You can collect registration packs from reception or request postage to your home address. Forms can also be collected before birth when you attend your next midwife appointment.

### **The Over Day Centre - open Monday to Friday 09:30 till 15:30.**

Services include:

- A free taster day to experience the Day Centre.
- Qualified carers with many years of experience in the care sector.

- On-going client assessment to monitor an individual's needs and well-being.
- A free minibus transport service to and from the Day Centre for those clients living in Bar Hill, Longstanton, Swavesey, Over and Willingham.
- Refreshments on arrival.
- A hot two-course lunch, freshly prepared..
- Afternoon tea and cake.
- Supervised bathing and shower facilities.
- Social activities and entertainment daily.
- Hairdressing and qualified foot care on request.

Contact Centre Manager, by email [care@overdaycentre.co.uk](mailto:care@overdaycentre.co.uk) if you are interested in attending the Day Centre. The GP is also able to refer our patients into this service on request.

### **Carers Meeting**

If you are a carer for someone and need advice and financial or emotional support, please come along to our carers support meeting **on Weds 1<sup>st</sup> November** at Willingham Surgery, where we will be holding a drop in meeting **between 2pm and 4pm**. Please come along and get some support from other people in the local community. Refreshments provided, no need to pre-book and completely **FREE!**

*Lisa Smith –Assistant Practice Manager– November 2023*