

WILLINGHAM & LONGSTANTON SURGERIES
Reception Tel: Willingham 01954 260230 Longstanton 207600 Dispensary 207602
District Nurse Team: 01223 726469 Option 2 Health Visitors: 0300 029 50 50
Out of hours cover: Ring 111 Website: www.willinghammedicalpractice.nhs.uk

A&E is not an alternative to a GP appointment. If we are closed, please call 111.

Private ADHD assessment.

Recently a large number of people have been seeking assessment for ADHD in private clinics. We understand the frustration due to long waiting times in the NHS ADHD clinics. We would like to support you to make the right decisions.

Many of you may have seen a recent BBC Panorama programme "Private ADHD clinics exposed"

Before you choose a private clinic for assessment please be aware of the following facts.

- Make sure that the clinic is legitimate and you get a full assessment including a full psychiatry assessment and the clinic should be overseen by a psychiatrist.
- When a diagnosis is made by a clinic and the assessment has not been comprehensive and does not fulfil the criteria recognised locally, the diagnosis may not necessarily be accepted.
- There is no guarantee that the prescription medication advised by the specialist clinic will be taken over by the GP for future prescriptions. This will need to be assessed on a case to case basis. The nationally agreed "Shared care" only applies to providers with an NHS contract.
- The specialist clinic will still need to review you at least on a yearly basis even if the shared care is accepted by the GP. This may mean that you have to continue to pay for these assessments at the private clinic.

Flu Vaccinations – Book your appointments

Please support our surgery this year and book your flu vaccination with one of our nursing team. We are once again offering dedicated flu clinics on Saturdays. Please contact reception to book your appointment with us ASAP.

Eligibility for the flu vaccine is as follows

- Patients aged 65 years and over
- Patients aged 6 months to under 65 years in clinical risk groups. This includes patients with:
 - Chronic respiratory disease
 - Chronic heart or vascular disease
 - Chronic Kidney disease
 - Chronic liver disease
 - Chronic neurological disease
 - Diabetes and adrenal insufficiency
 - Immunosuppression
 - Asplenia or dysfunction of the spleen
 - Morbid obesity

- pregnant women
- Carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person
- Close contacts of immunocompromised individuals
- Frontline workers in a social care setting without an employer led occupational health scheme including those working for a registered residential care or nursing home, Registered domiciliary care providers, voluntary managed hospice providers and those that are employed by those who receive direct payments (personal budgets) or Personal Health budgets, such as Personal Assistants

Dates will be released and advertised on the Willingham Medical Practice Facebook page and website in line with demand. Please support your surgery, and contact our receptionists to book your appointment.

Fluenz Vaccinations for children

We are also offering the fluenz nasal vaccination to all children aged 2 or 3 years on 31 August 2023. School aged children will be offered the vaccine through their school.

Carers Meeting

If you are a carer for someone and need advice and financial or emotional support, please come along to our carers support meeting **on Weds 6th September** at Willingham Surgery, where we will be holding a drop in meeting **between 2pm and 4pm**. Please come along and get some support from other people in the local community. Refreshments provided, no need to pre-book and completely **FREE!**

Meetings are held on the first Wednesday of every month at Willingham Surgery. Please contact Sue Lawson at the surgery or email her at susan.lawson7@nhs.net for more information.

Lisa Smith –Assistant Practice Manager–September 2023